

## **FORMEN VON FREMDEN UND SCHÄDLICHEN IDEEN IN SOZIALEN NETZWERKEN UND NEUE MECHANISMEN ZU IHRER PRÄVENTION**

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**Zusammenfassung:** Im Zuge der globalen Veränderungen, da auch soziale Medien zu einem mächtigen Informationsinstrument geworden sind, ist es ein wichtiger Faktor bei der Verbreitung ideologischer Bedrohungen auf der ganzen Welt. Der Schwerpunkt liegt auf der Beeinflussung der Herzen, Köpfe und Seelen junger Menschen durch soziale Medien. Infolgedessen verschlechtert sich die Moral der jungen Leute. Daher dürfen wir die Eskalation verschiedener ideologischer und informationsbezogener Angriffe nicht ignorieren. Nur dann können wir in Zukunft einen geistig reifen Menschen und eine gesunde Generation erziehen.

**Schlüsselwörter:** Information, Internet, Kommunikation, global, virtuell, soziales Netzwerk, Manipulation, Facebook, Google, Blue Whale, Ideologie, Extremismus, Innovation, Spiritualität

## **FORMS OF ALIEN AND HARMFUL IDEAS ON SOCIAL NETWORKS AND NEW MECHANISMS FOR THEIR PREVENTION**

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**Abstract:** In the course of global changes, as social media has become a powerful information tool, as well, an important factor in propagating ideological threats around the world. Emphasis is placed on influencing the hearts, minds and souls of young people through social media. As a result, the morale of young people

is deteriorating. Therefore, we must not ignore the escalation of various ideological and information attacks. Only then we will be able to raise a spiritually mature person and a healthy generation in the future.

**Keywords:** Information, internet, communication, global, virtual, social network, manipulation, Facebook, Google, Blue Whale, ideology, extremism, innovation, spirituality

Nowadays, it is difficult to find an area that has not been affected by global change. In particular, there is ample evidence that this process contributes to the development of human communication. At the same time, the modern world cannot be imagined without information technology, that is, without the social network of the Internet, because they have already become part of our lives. People who a few years ago had no idea about the Internet, virtual communication, have now moved on to the easiest and most convenient way to communicate. The convenience of this communication is that it does not recognize any distance. It also provides online communication without location, environment and other subjective aspects. Interestingly, such communication includes opportunities not only to chat, but also to exchange various information, find answers to any question, sell and buy something, watch interesting movies, learn different foreign languages, and even earn some money. The development of the “spider web” gave rise to the concept of “social network”.

To find someone on social media today who doesn't have their own page is very difficult. This is especially true among young people. It is estimated that about 50% of the world's young people, including the younger generation in our country, spend most of their time on virtual communication. The fact is that many young people can not imagine their lives without social networks. “Currently, there are more than 2.8 billion Internet users in the world, including more than 500 million in China, 50 million in Russia and more than 10.5 million in Uzbekistan. One second is enough for positive or negative information to reach the global network”.[1]. Also, when we look at the

following ideological threats on social media, we come across the following information: “Experts say that terrorist organizations such as ISIS and Al-Qaeda carry out 99% of their propaganda online. As a result of terrorists misrepresenting concepts such as “martyrdom”, “jihad”, “hijrat”, “takfir”, and “caliphate” on their websites and social networks, many young people have strayed from the right path. It is important to say that it is continuing. To date, more than 1,100 websites have been identified that promote terrorist ideas.” [2.].

Extremist movements are trying to achieve their goals through the widespread use of modern information communications, propaganda in different languages through the social network of the Internet, and the creation of virtual communities based on well-thought-out strategies. For example, major terrorist organizations are actively recruiting people to their ranks through social networks, mainly between the ages of 17-35. In order to further increase the effectiveness of the psychological impact, the members of the social network carefully study the pages, pictures and comments, as well as conversations and topics, and on this basis, the “targeted” materials (written message, text, photos, stickers, audios, videos) on the subject will be sent through social networks with a wide audience, such as Odnoklassniki, Vkontakte, Viber, Instagram, Telegram, WhatsApp, Twitter and Facebook, and interaction will be established.

The growing popularity of such formulas, which are rampant among the population, especially among young people, and the fact that they are issued in various forms of destructive “fatwas” show how serious the problem is. Young people are a great force, and what is instilled in their emerging consciousness is sealed in stone like a pattern. That is why radical movements are trying to trap our youth. Confidence, energy and enthusiasm of young people help them to achieve their goals.

For our young people and future generations, who do not yet know the ins and outs of life, the social networks on the Internet have become a source of spiritual

threats. Social media has created many spiritual threats to the future development of our youth. From them:

- Our young people are unknowingly joining them, as a result of the growing number of illegal movements using the social network of the Internet to achieve their nefarious goals under the guise of our sacred religion;

- As a result of the proliferation of obscene and pornographic materials threatening the culture, spirituality and enlightenment of the Uzbek people on various dating pages and social networks, our youth forgets that the family is a sacred place.

- Promoters of “popular culture” are using the opportunities of the social network of the Internet to achieve their inhuman goals.

The fact that such alien ideas and information spread on the social network of the Internet are accepted by young people and its consequences are of concern to people all over the world. We must always be vigilant against any actions aimed at capturing the minds, hearts and inner worlds of our youth, against selfish forces that seek to encroach on our spirituality. That way, no one, nothing can turn us back from the path we have chosen, and we will surely achieve our glorious goals.

“We will resolutely pursue the state youth policy without any deviations. Not only will we continue, but we will raise this policy to the level we need today. We will mobilize all the forces and capabilities of our state and society for the development and happiness of our young people as independent thinkers, with high intellectual and spiritual potential, who will not be idle to their peers in any field around the world. If necessary, we are able to strike a sharp blow against any attempt that threatens the sovereignty and independence of our country, the peace and tranquility of our people.”[3].

To do this, in the context of modernization of society, we must fulfill the following tasks in the spiritual sphere of society:

- To make our youth active participants in the process of spiritual renewal and reforms;

- To make ideas (prosperity of the Motherland, peace of the country, well-being of the people, perfect man, sense of one Motherland, justice - the rule of law, popular consent, enlightenment against ignorance, ensuring innovative development) that combine the unique aspirations of young people with different views and opinions a sacred goal for all our compatriots, to further strengthen national unity;

- To continue the work on explaining the humanistic essence of the religion of our ancestors to the general public.

To do this, first of all, it is necessary:

- to present to the public in the media programs, series, films and feature films that reflect our national spirit;

- to increase the number of national sites using the Internet and open youth-oriented sections and ensure the dissemination of national ideas through them;

- to introduce scientific projects to improve the spirituality of society and ensure the rule of law.

In today's world, where ideological and information attacks and various ideological threats are on the rise, the most important task is to raise the morale of our youth, to form the basis of a healthy worldview in their thinking. In such a complex and dangerous period, the organization of spiritual and educational work on the basis of modern requirements depends on: the protection of our youth from various ideological attacks; formation of a conscious attitude of our youth to life; increasing sense of involvement in events; clearly defining our future strategy in a situation where religious extremism, international terrorism, and the escalation of international tensions and confrontations are intensifying; fully understanding and informing the general public about the motives of the enemies; consistently fighting against aggression that threatens the independence of our country, our peace and tranquility; explaining to young people the practical work and positive results of the propaganda of national ideas and ideological processes in our country; inculcating in every citizen, in particular, the minds, hearts and inner world of young people, the essence of the views

of President Shavkat Mirziyoyev that “the work of spirituality and enlightenment is a patriotic work, a work of conscience.”

Today, more than 90% of the world’s population has access to social networks. The number of users is also amazing. Facebook alone is used by more than 1.5 billion people. According to Russian scientist I.N. Panarin, more than 936 million users visit Facebook every day. 51% of the total number of users access the network at least once a month. A user spends 21 minutes a day on Facebook. The most active facebook users live in Canada. The number of Asian users is also not small, more than 253 million. That number could have been higher, but access to Facebook is banned in China. Google’s video hosting service is the second most popular. More than 1.3 billion people visit the site every month. Every month, Internet users spend more than 6 billion hours watching videos on the site. Experts estimate that the minimum time people spend on a social network is 3 hours. At first glance, there seems to be nothing to worry about. During these 3 hours, a person interacts with acquaintances and relatives living in different areas, and it is possible to think what is wrong with it.[4]. Of course, the positive aspects of these communication processes are undeniable. However, there are dozens of examples of people who do not sit on social networks only for good intentions. This is especially true for young people, who tend to be more lonely. The popular online game, Blue Whale, also promotes loneliness, avoidance of team relationships, and ultimately exposes young people to suicide. The first rumors about it started in 2015. There are various facts and information on the Internet about “death groups” such as “Blue Whale”, “Peace House”, “f58”, “f57”: “Blue Whale” is of interest to teenagers who are under 18 years old and teens without independent thinking, curiosity. In the beginning, it gives easy and interesting tasks to the teenager. Then, it urges to draw a picture of a blue whale with a knife on the player’s body, to listen to a song for 3 days non-stop, and praises and congratulates the teenagers who completed the tasks. It’s called the game of death, where you learn to complete the last 50 tasks (assassination) in 50 days and videotape it.[5].

The Blue Whale is one of the spiritual threats to the minds of teenagers! Because, first of all, this trend-threat targets young people under the age of 18. So do the teenagers in Uzbekistan. We need to warn our youth of such threats; Second, it is aimed at capturing the free time, will and interests of young people. Therefore, it is important to create conditions for young people to spend their free time effectively. In addition to learning foreign languages, sports and other hobbies, young people should pay special attention to the formation of advocacy groups. Only then will teenagers be free from the influence of external forces. Third, this game wants to enslave young people ideologically and sacrifice them with its own hands and feet. Therefore, we need to carry out advocacy work to strengthen the ideological immunity of young people; Fourth, its goals are completely contrary to our Action Strategy, our youth policy, the goals of Uzbek parents, teachers and our youth. Development of effective methods and techniques aimed at the widespread introduction of modern information and computer technologies that bring together the subjects of education and ensures the effectiveness of spiritual and educational competitions, trainings, events and advocacy in neighborhoods, general secondary schools, vocational colleges and academic lyceums; Fifth, the time itself requires comprehensive ideological armament so that young people do not fall under the influence of such alien and harmful ideas. Therefore, “Let the works of Al Beruni, Ibn Sina, Imam Bukhari, Imam Termezi, Burhaniddin Marghinani, Abu Mansur Moturudi, Alisher Navoi and other great scholars remain the main idea of our national education and we have to enjoy the exemplary qualities mentioned in their works.”

In general, in order to prevent the negative impact of social networks on the Internet today, in order to increase the spiritual potential of young people, gifted and talented children to freely express their creativity and further expand the opportunities for information exchange through special information technologies, it is advisable to develop a program, prepare targeted projects and sectoral system programs on various topics for young people and update them on a regular basis.

At the same time, it is necessary to inculcate in the minds, hearts and inner world of young people the process of propaganda of high human concepts such as national idea, national ideology, national pride through innovative technologies. This is because it is desirable to inculcate ideological immunity in young people through the use of innovative technologies by combating destructive ideas and all kinds of destructive ideologies. As a resource, we have identified a number of innovative technologies that are effective in incorporating national ideas and spirituality.

### **FIVE-STEP TECHNOLOGY OF FORMING IDEOLOGICAL IMMUNITY AGAINST IDEOLOGICAL THREATS (ON THE EXAMPLE OF EXTREMISM)**

**This technology** is based on documents that serve as the legal and theoretical basis for the further development of national ideas and spirituality, including, Decree of January 18, 2001 “On the development and implementation of educational programs in the subject of “The idea of national independence: basic concepts and principles” in the education system of the Republic”, Resolution No. PQ-3160 of July 28, 2017 “On increasing the effectiveness of spiritual and educational work and raising the development of the industry to a new level”, Order No. F-5465 of April 8, 2019 “On measures to develop the concept of development of the national idea at a new stage of development of Uzbekistan”, Resolution No. PQ-4307 of May 3, 2019 “On additional measures to increase the effectiveness of spiritual and educational work”, and Resolution No. 1059 of 31 December 2019 “On the Concept of Continuing Spiritual Education”.

**The aim of the technology:** Religious extremism is a form of extremism in the religious sphere. Religious extremism refers to theories and practices that advocate extreme measures and ideas to solve problems. It is divided into areal, regional and international forms, depending on the scale of manifestation. Such views have very ancient roots, never knew the boundaries, did not recognize religion, nation, area and developed within all religions. Views in the spirit of religious extremism can be found



among Buddhism, Christianity, Islam, Catholics, Protestants, Orthodox. Wherever religious extremists operate, their ultimate goal is to build a religious state, which they seek to achieve through conflict, strife, and armed conflict, that is, through bloodshed and violence. This is a serious obstacle to the independence of the state and the development of society. The sole purpose of extremist groups is to seize power, and in doing so, they will not hesitate to use even the most heinous methods. Today, not only in the Islamic world, but all over the world, the true face of religious extremism is becoming clear. At a time when human rights and democratic principles are becoming a priority in the world, and the rule of law and international law are becoming the main principles of relations between countries, peoples and states, fighting religious extremism together, uprooting it, and always being vigilant is the most urgent task today. [6].

**Objective of the technology:** The technology of five stages of formation of ideological immunity against ideological threats (on the example of extremism) assumes performance of the following tasks: ideological upbringing; formation of ideological immunity of youth; persuasion to particular ideology; prevention of destructive ideas, combating all forms of ideological aggression, ideological conflict, ideological dependence.

**Consequences of the religious extremism:** The peace, development and stability of free and prosperous countries will be disrupted. The population is transformed into medieval, ignorant, mute people. Society is divided into “real” and “fake” Muslims. There are disputes between them, there are various conflicts between religions and citizens. An independent state becomes a colony.

**Methods of the religious extremism:** Deception, seduction, “sympathy”, emphasis on religious sentiments, violence, terror and public fear, and pressure on the government to change the constitutional system of a secular state.

**This five-stage-technology** of forming ideological immunity against ideological threats (on the example of extremism) is carried out in education, through the media

and social networks. The following methods are used: inculcating the science of national ideas in the minds of young people through the use of modern interactive methods; further development of the ideological immunity of young people through the use of short videos based on national ideas and ideologies; to invite prominent representatives of our literature and art, to communicate with them live; developing programs to combat various destructive ideas of young people.

## **5-STEP- IMPLEMENTATION MECHANISM**

### **Step 1 - IDENTIFYING THE THREAT**

**Extremist:** Assalamu alaykum.

**Student:** Wa alaykum assalam.

**Extremist:** You look very angelic. You look like a Muslim believer. Who are you?

**Student:** My name is Jasur, I am a student. What about you?

**Extremist:** (Introduces himself.)

**Extremist:** Do your studies involve the meaning of life and religious enlightenment?

**Student:** Yes, we study “Fundamentals of Spirituality”, “Science of Religion”. Why are you asking that?

**Extremist:** Dude. It is the duty and responsibility of a true Muslim to study Islam. How do you feel about that?

**Student:** We have freedom of conscience. I follow that.

**Extremist:** I also have a passion for Islam. My close relatives and I are studying true Islam. Wouldn't you like that too?

**Student:** Sorry, I don't understand.

**Extremist:** If you go to the place I mentioned, you will get pure Islamic knowledge.

**Student:** Where is that place?

**Extremist:** In the house of a noble brother.

**Student:** E. The point is that, say.

**Step 2 – DISCUSSION in the way of “Against the idea - the idea, against the opinion – the opinion, against the ignorance - the enlightenment.”**

**Extremist:** That's ... I wish more young people would listen to us ...

**Student:** Are you offering me an illegal religious education?

**Extremist:** No. We care about their faith.

**Student:** Yes. You want to win the faith of young people. Because 60% of our population is under 28 years old. Is that so ?!

**Extremist:** You misunderstood me. I just want to say that young people and women are clean ...

**Student:** Yes. Young people and women are more prone to external influences.

**Extremist:** If you join us, you will find honor and respect in both worlds ...

**Student:** You have been deceived by the ideas of religious extremism. Why are they sacrificing young people who believe in them and not themselves?

**Extremist:** We are just spreading enlightenment ....

**Student:** This “enlightenment” will make young people complete any task without hesitation. Is that so?

### **Step 3 - ATTACK**

**Extremist:** What ?!

**Student:** You gradually start telling me, “Let’s go to namaz together”, “Let’s spend the weekend together”, “Let’s read religious literature together”, “Come to community meetings.” You're going to force me to step aside.

**Extremist:** Our ideas ...

**Student:** You want to say, “Our ideas are the best way to solve all the problems of you and Muslims.” You are currently using “Brainwashing method” to me. Is that so?

**Extremist:** Not just me .....

**Student:** I know! First you and then your brothers will “bury” me with your

ideas.

**Extremist:** You have a choice ...

**Student:** You say that, but you don't let your "prey" constantly think independently.

**Extremist:** Uh-huh ... We don't force ...

**Student:** The person who believes in you first says, "I can control myself and leave them whenever I want". But it will be too late to find out.

**Extremist:** No, my friend Jasurbek. If you read books such as "The Islamic Constitution", "Hot Cries for the Islamic World", "Towards Glory and Honor", "The End of the Khilafah", "The Way to Faith", "The Story of the Sweet Soul", you will understand my words. Please.

#### **Step 4 - STOPPING**

**Student:** These books call for extremist activities with their fanatical ideas. The publication, storage, reproduction and distribution of the books you provide in Uzbekistan is prohibited by law.

**Extremist:**...

**Student:** You encouraged me to go to a religious school without permission. Stop this now. This ----- is punishable under Article ---- of the Act.

**Extremist:** You said that religious education is a freedom of conscience.

**Student:** By law, religious schools are registered with the Ministry of Justice and have the right to operate after obtaining a license for religious education.

**Extremist:** Why a license?

**Student:** We have the rule of law. Private religious education is prohibited. Violation of this procedure is punishable under Article 241 of the Code of Administrative Offenses of the Republic of Uzbekistan.

**Extremist:** What !?

**Student:** In addition, violating the rules of teaching religious education is punishable under Article 229, Part 2 of the Criminal Code of the Republic of

Uzbekistan.

**Extremist:** Nahotki!

**Student:** Do you know what the punishment is for religious extremist activities?

**Extremist:** No.

**Student:** Learn: Persons who have committed crimes as part of religious extremist activities will be prosecuted under these articles of the Criminal Code of the Republic of Uzbekistan:

155 (“Terrorism”),

156 (“Incitement to national, racial or religious hatred”),

159 (“Aggression against the constitutional order of the Republic of Uzbekistan”),

216 (“Illegal formation of public associations or religious organizations”),

216-1 (“Encouragement to participate in the activities of illegal public associations and religious organizations”),

244-1 (“Preparation or distribution of materials threatening public safety and public order”),

244-2 (“Establishment, leadership, participation in religious extremist, separatist, fundamentalist or other banned organizations”).

**Student:** Now, \_\_\_\_\_ aka. According to Article \_\_\_\_ of the Criminal Code of the Republic of Uzbekistan, it is the duty of every citizen of Uzbekistan to report a crime to the relevant authorities. I will do my duty. Come with me to the police base of our neighborhood.

**Extremist:** My brother. Don't do that. I repented. I am ignorant of my people, of my ancestors, of my independent Uzbekistan, which is gaining more and more prestige in the world.

**Forgive me!!!**

### **Step 5: WARNING**

1. His family;

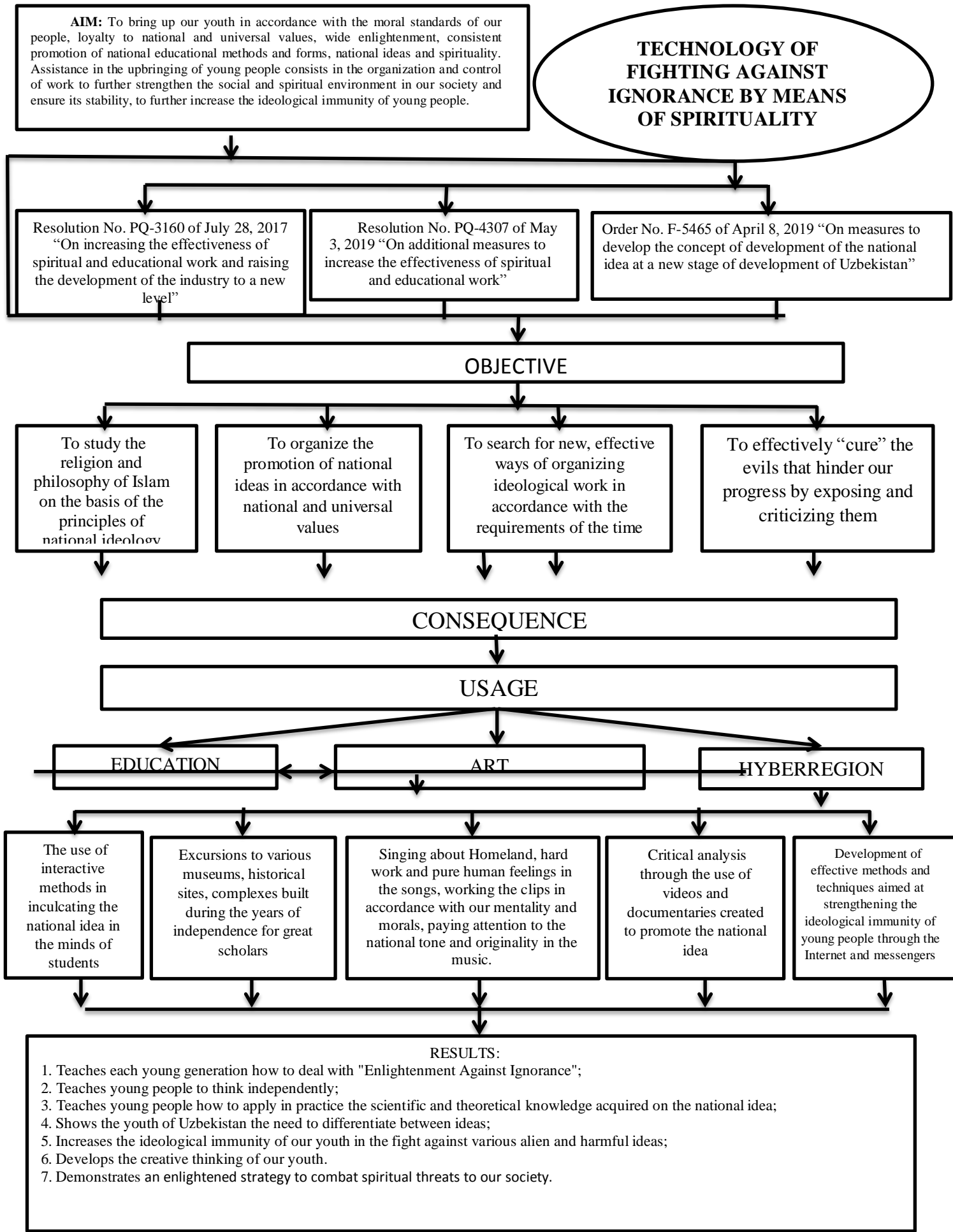
2. Relatives;
3. Acquaintances, friends;
4. Neighbors;
5. Classmates.

**The results of five-step technology of forming ideological immunity against ideological threats (on the example of extremism)**

This technology:

1. Enriches the ideological worldview of young people with new knowledge;
2. Warns them of the spiritual threats that threaten them today;
3. Teaches young people to apply their knowledge of the national idea;
4. Connects ideological knowledge with life;
5. Demonstrates how to deal with “idea against idea”;
6. Teaches young people to think independently;
7. Strengthens the will, devotion to the Motherland;
8. Teaches how to resist destructive ideologues;
9. Shows the best course of action to thousands of young people;
10. Strengthens ideological immunity in students.

The modern world cannot be imagined without the social networks of the system. But today’s demand is to minimize its harmful effects and promote its benefits. Therefore, one of the main tasks of our society is to ensure the absence of harmful ideas in the minds and thinking of the younger generation, to develop in them the skills of correct and targeted use of social networks of the Internet.



From the nature of the matter, it can be concluded that, first of all, in order to prevent any disease, first of all, the human body develops immunity against it. In order to bring up our children in the spirit of love for the motherland, our rich history, devotion to the sacred religion of our ancestors, we must, first of all, raise their spiritual maturity. It requires a deep knowledge, experience, as well as a study of the great spiritual heritage left by our ancestors. So that our young people can become people who have a deep understanding of their national identity, as well as the world, and keep pace with the times. Then neither the various “invitations” of foreign and harmful ideas, nor those ideas which reject the notion of morality, which are utterly foreign to us, will be able to influence them. Second, the modern world cannot be imagined without the social networks of the Internet. But today’s demand is to minimize its harmful effects and promote its benefits. Therefore, one of the main tasks of our society is to ensure the absence of harmful ideas in the minds and thinking of the younger generation, to develop in them the skills of correct and targeted use of social networks of the Internet.



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